

# MEDICAL RECOMMENDATION for ADULT VOLUNTEER



*To Physicians and Their Staff:*

This person is an Volunteer at FFGC Wekiva Youth Camp. The job includes physical activity such as **hiking or being in the sun** and requires the individual to be outside in a variety of weather conditions. Our healthcare staff and the Wekiva Youth Camp Chairman use the information provided on this form to guide their interface with the Volunteer. The Volunteer can provide their job's description and list of essential functions to you. If you question the person's suitability for their job, please talk with them about your concerns and develop a plan to address that concern. You can also speak to one of our camp professionals by calling **407-884-2019** (June -July) or **407-625-9179** (August-May) Thank you!

These medications are stocked in our camp's Health Center and will be used to manage illness and/or injury of this Volunteer.

**CROSS OUT** those that are contraindicated for this person.

**[insert Camp's list of medications such as those that follow]**

- Acetaminophen
- Aloe
- Calamine Lotion
- Chlorpheniramine maleate
- Diphenhydramine
- Epinephrine
- Guiafenesin DM
- Hydrocortisone Cream
- Ibuprofen
- Cough Drops
- Ivy Dry
- Nix
- Tolnaftate
- Topical Antibiotic Cream
- Silver Sulfadiazine

Name of Volunteer : \_\_\_\_\_ Date of Birth: \_\_\_\_\_

1. List the chronic health problems of this Volunteer: .....  None

- Asthma       Diabetes
- Allergies     Other: \_\_\_\_\_

2. List the prescription medication(s) this person will take while at camp; provide a medical order for administration.

- None needed while at camp.
- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

3. List the allergies (food, medication, etc ) of this person .....  No known allergies

- a. \_\_\_\_\_  Intolerance  Anaphylaxis
- b. \_\_\_\_\_  Intolerance  Anaphylaxis
- c. \_\_\_\_\_  Intolerance  Anaphylaxis

*Note: Our expectation is that the Volunteer will have an EpiPen and know how to use it if anaphylaxis is part of the individual's health profile.*

4. Describe other treatments needed by this person to do their job .....  None needed

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

5. Describe any significant physical findings regarding this person and/or describe any limitations that may impact the Volunteer's job performance.

- No significant findings.
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

6. We may have neglected to ask about something you feel is needed to adequately address this person's health needs. If so, please add your comments below.

- No additional comments needed.
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Physician's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

By signing this form, you are telling us that, in your opinion, this person is both physically and emotionally ready to participate as an Volunteer at our camp except as noted in your comments.