

## HEALTHCARE AND THE CLINIC

Volunteers may visit the clinic at any time they feel necessary. The nurse is available 24 hours a day. If you feel a camper needs to visit the clinic, tell their counselor that you are concerned about that camper and the counselor will take the camper to the clinic. Volunteers are not to accompany campers to the clinic.

### Reasons to visit the clinic:

- Any serious injury or anytime an injury is suspected
- Bleeding, bad bruising, and other painful injuries
- Any animal or bug bites (Always note the source of the bite, e.g. insect vs spider)
- Painful, numerous, or swelling due to bug bites
- Tick bites – even if the tick is not embedded **(Never remove a tick yourself.)**
- Splinters **(Never remove a splinter yourself.)**
- Any allergic reaction to anything
- Campers who complain about feeling ill, are in pain, or appear ill.
- Vomiting, diarrhea, constipation **(Do not go into the bathroom with a camper if this occurs.)**
- Overly tired campers
- Overheated campers and campers complaining about being cold when they are in a hot environment.
- ANYTHING FOR WHICH YOU ARE UNCERTAIN

### Medications:

- **KEEP ALL MEDICATIONS IN YOUR CABIN, EXCEPT INHALERS.**
- If you notice campers with any medication, tell their Counselor immediately.

**If the camper in need of the nurse is your child/grandchild, PLEASE treat them as you would any other camper. Do not deviate from the rules.**